# TRANSITION, EMPLOYMENT,

AND TECHNOLOGY LAB

COLORADO STATE UNIVERSITY

## Vocational Rehabilitation for Coloradans Living with

### **Traumatic Brain Injury**

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#### **INTRODUCTION**

- Individuals with brain injury are employed at lower rates compared to the general population of persons with disabilities (Cuthbert et al., 2015; Gormley et al., 2019).
- State vocational rehabilitation (VR) agencies provide integral services in supporting people with disabilities, including those with brain injuries, prepare for and attain employment (Dutta et al., 2008; Wehman et al., 2005).
- In Colorado, accessing VR services remains problematic for individuals experiencing brain injury, despite iterative improvements to service systems across the state, (Colorado Brain Injury Program, 2017; Sample & Langlois, 2005).
- Little is known about the population of Coloradans with brain injury who do get into VR and how those services impact their employability and financial security.
- Findings explicate the client and VR service factors significantly associated with achieving competitive, integrated employment (CIE) upon exiting VR services. Recommendations are provided to better meet the needs of Coloradans with brain injury seeking employment.

#### **OBJECTIVES**

- There is a significant gap in current knowledge of individuals with TBI who get referred to VR, how they experience the state VR system, and their employment status as they exit VR.
- The purpose of this study is twofold: (1) to comprehensibly describe characteristics of Coloradans with traumatic brain injury (TBI) in VR and (2) to determine relevant factors that influence how Coloradans exit VR, with or without meeting employment goals.

#### **SAMPLE AND METHODS**

- A sample of 846 Coloradans with TBI in VR services from June 30th, 2018 to July 1st, 2021. **Table 1** displays the most pertinent demographics for all program years as well as the full sample. Participants had an average age of 36.55 (SD = 14.36); ages ranging from 15 to 80.
- A secondary analysis of the U.S. Department of Education's Rehabilitation Services Administration (RSA) Case Service Report (RSA-911). We employed descriptive statistics to examine demographic and program-related characteristics of Coloradans with TBI (**Table 2**) and logistic regression to analyze factors influencing employment outcomes (**Table 3**).

**Table 1.** Demographic characteristics of Colorado vocational rehabilitation (VR) clients with traumatic brain injury (TBI) from program years (PY) 2018, 2019, 2020 and 2021.

	Colorado VR clients with TBI									
	PY2018 n=277		PY2019 n=310		PY2020 n=134		PY2021 n=125		Total <i>N</i> =846	
Characteristic	n	%	n	%	n	%	n	%	n	%
Gender										
Male	169	61	191	62	71	53	73	58	504	60
Female	108	39	118	38	63	47	51	41	340	40
Not Reported	0	0	1	<1	0	0	1	<1	2	<1
Age at application	on									
M(SD)	36.06 ( <i>14.30</i> )		36.61 ( <i>14.80</i> )		38.26 ( <i>13.43</i> )		35.66 ( <i>14.38</i> )		36.55 ( <i>14.36</i>	
Race and Ethnic	aity <sup>a</sup>									
American Indian	9	<1	9	<1	6	4	3	2	27	3
Asian	5	<1	4	<1	2	<1	1	<1	12	<1
Black	14	5	11	4	4	3	6	5	35	4
Hawaiian	0	<1	1	<1	0	<1	1	<1	2	<1
White	256	92	291	94	123	92	112	90	782	92
Hispanie	55	20	53	17	25	19	23	18	156	18
Education										
Less than Bachelors	228	82	250	81	115	86	117	94	710	84
Bachelors or higher	49	17	60	19	19	14	8	6	136	16
Public support (	SSI/SSD	I, other	)							
No	157	57	180	58	64	48	68	54	469	55
Yes	120	43	130	42	70	52	57	46	377	45
Employed at IPI	E									
No	234	84	247	80	112	84	104	83	697	82
Yes	43	16	63	20	22	16	21	17	149	18
Significant disal	bility									
No	4	<1	5	<1	2	<1	1	<1	12	<1
Yes,	32	12	36	12	18	13	17	14	103	12
Significant										
Yes, Most	241	87	269	87	114	85	107	86	731	86
Significant								_	_	

Note. SSI = Supplementary Security Income; SSDI = Social Security Disability Income.

a Participants could select more than one race/ethnicity.

#### **REFERENCES AVAILABLE UPON REQUEST**

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**Table 2.** Services accessed by Colorado vocational rehabilitation (VR) clients with traumatic brain injury (TBI) from program years (PY) 2018–2021.

	VR	VR	Comparable	Total
	Staff	Purchase	Provider	Services <sup>a</sup>
Pre-Employment Transition Services				
Job Exploration Counseling	23	3	0	24
Work-Based Learning Experiences	19	11	0	30
Work Readiness Training	27	8	0	35
Instruction in Self-Advocacy	21	3	0	24
Training Services				
Job Readiness Training	6	15	0	21
Disability Related Skills Training	10	27	0	37
Miscellaneous Training	8	9	3	17
Career Services				
Assessment	10	81	1	90
Diagnosis and Treatment of Impairments	35	14	60	74
VR Counseling and Guidance	462	21	2	469
Job Search Assistance	26	66	2	87
Job Placement Assistance	27	77	1	100
Short Term Job Supports	11	68	1	77
Supported Employment Services	0	11	2	13
Information and Referral Services	45	1	2	48
Benefits Counseling	3	10	0	13
Other Services				
Transportation	9	17	0	26
Rehabilitation Technology	4	26	0	30

Note: VR = Vocational Rehabilitation. aWhen a client received a service in more than one way (e.g., "in-house" and other provider) it is only counted as one, therefore totals may be slightly less than the sum of the middle three columns.

#### **RESULTS**

- Individual characteristics of clients including (1) already having employment, (2) higher education, and (3) race/ethnicity were all significantly associated with achieving CIE
- Receipt of career services including job placement assistance, short term job supports, and supported employment services were positively and significantly associated with CIE
- Contrarily, receipt of job search assistance reduced the likelihood of achieving CIE.

**Table 3.** The relationship between significant predictor variables and competitive integrated employment for Colorado vocational rehabilitation (VR) clients with traumatic brain injury (TBI) from program years (PY) 2018–2021.

Predictors	В	SE B	Sig.	Odds ratio	95 percent CI	
Employed at IPE start	2.050	0.232	0.000	7.770	4.968	12.357
Bachelor's degree or higher	1.085	0.226	0.000	2.960	1.901	4.613
Native Hawaiian or Other	-0.729	0.256	0.004	0.482	0.285	0.790
Pacific Islander Hispanic	0.460	0.223	0.039	1.583	1.017	2.446
Job search assistance	-1.789	0.455	0.000	0.167	0.065	0.390
Job placement assistance	2.557	0.416	0.000	12.897	5.923	30.785
Short term job supports	2.640	0.476	0.000	14.012	5.849	38.425
Supported employment services	2.191	0.844	0.009	8.947	1.972	63.544
Job readiness training	1.922	0.610	0.002	6.836	2.125	24.188
Job exploration counseling	0.867	0.256	0.007	2.379	1.450	4.025

*Note*: Final model =  $\chi^2$  (10, N = 846) = 300.59, p < 0.001, McFadden's pseudo  $R^2 = 0.27$ . Hosmer and Lemeshow =  $\chi^2$  (5, N = 846) = 4.61, p = 0.47, n.s.

#### **CONCLUSIONS**

- Coloradan VR clients with TBI are mostly white males is their mid-thirties who have not received a Bachelors degree. Most receive less than two VR services during their program and of those who exit without CIE, many cite they are no longer interested in receiving VR
- Over a third (37%) achieve CIE; comparable to nationwide trends in TBI VR outcomes
- Participants were more likely to achieve CIE if they had a job when starting VR, held a Bachelors degree or higher, or identified as Hispanic. Clients who received job placement assistance, short term job supports, and supported employment services were especially more likely to obtain CIE upon program exit.